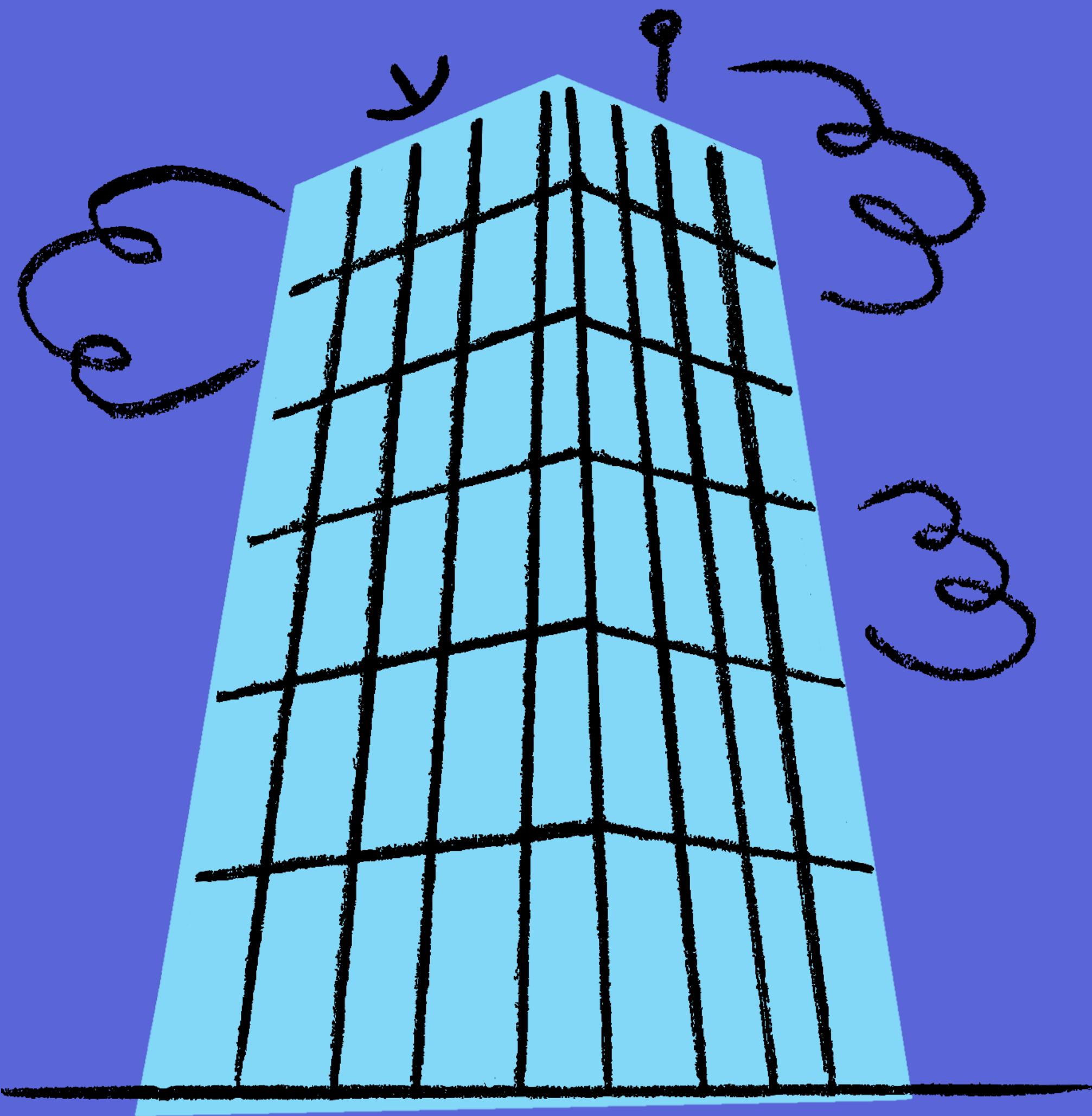




hearme

Mental health support for your people





Executive Coaching

The goal of this program is to help your leaders achieve their goals quickly. For the sake of efficiency, we start by clarifying the goals, KPIs, and the number of meetings.

- Sessions with an experienced mentor
- Custom development paths: *From Peer to Manager, Emotions in Business, Back from Maternity Leave*
- Personalised materials
- Reports on each session





The process: step by step

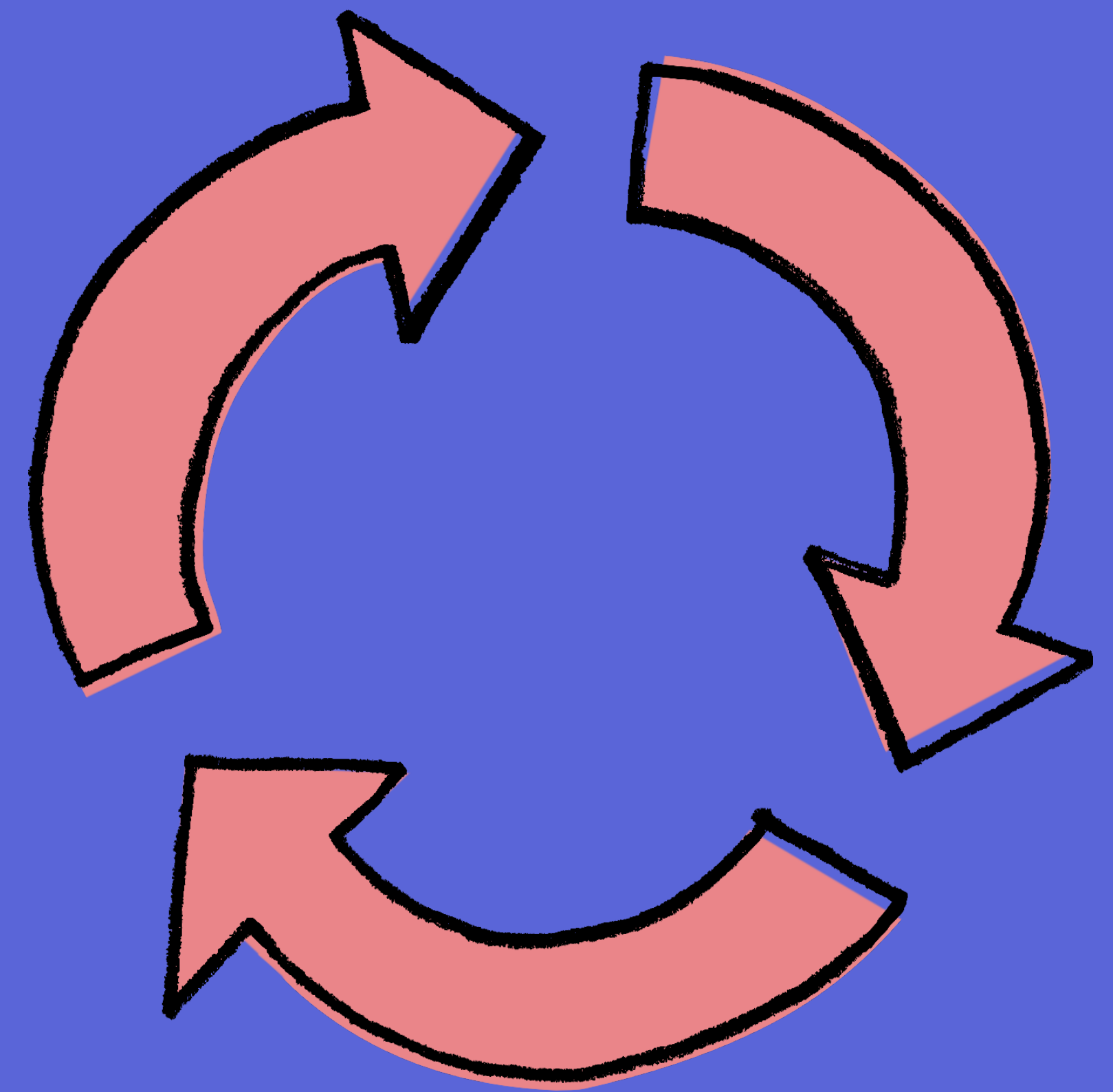
- Employees considered for this program receive surveys, which helps to clarify the scope of their abilities and the growth opportunities.
- We usually encourage the employee's direct supervisor to fill in a survey as well - that gives us a more objective view of the employee's abilities.
- After receiving the completed surveys, we decide on the KPIs and number of sessions (6-10).





The process: step by step

- Our coach presents recommendations and an action plan.
- After each session, our coach writes a report for the employee.
- At the end of the process, we discuss the results and KPIs (the employee's direct supervisor can be included in this process).





Executive Coaching

A program for leaders who want to become more efficient, self-aware, and motivated. With clear KPIs and number of sessions (6-10), the goal is to give you maximum results over a short period of time. Your employee will get:

- 90-minute sessions with an experienced business/career coach
- A development path aligned with their needs (e.g. First Time Manager)
- Additional resources and "homework"
- Written assessments and reports after each session

Contact us to learn more about prices. We will talk about your business needs and the goals we could help your people achieve.

Would you
like to learn
more?



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